POSITIVE PARENTING

Make Your Children WINNERS

By

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About The Authors

B. K. Narayan is a successful parent, consultant, and author. His mission is to **provide all the essential, but missing information, in formal education** to students and parents so that they become successful students and helpful parents.

Narayan himself was a poor student. But accidental use of one crude mind programming method turned him into a successful student. This change influenced him to study secrets of mind power. He has been studying and experimenting with it since 1968. As a result, he achieved many significant successes in his life.

During 1993-1995, he got an opportunity, as a social work, to help students in 22 schools in Nagpur City. Most of these students were declared as "going to fail" by their teachers. But Narayan transformed these students into "eager to learn and confident enough to succeed" in 18 hours of training, spread over two weeks.

This made him realize that if children are given right information and correct training, they can easily achieve more success. That's when he decided to create a system that would help in complete self-improvement of children, plus teach them essential skills and information needed to succeed in today's competitive world.

Thus ***Success Mindware***™ a self-training course for complete self-improvement of students was born. This course helps to **improve all major areas** of children's lives: Brainpower, Studies, Career, Personality, Creative Thinking, Mental efficiency, Health, Luck, Time-Management, Public Speaking and much more!

B. K. Narayan also conducts "Motivation and Better Study Techniques" workshop for students. He has also written an ebook "*251 Ways To Study Success."*

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Preeti Narayan is daughter of B. K. Narayan. Preeti cleared her Masters in Science, in second merit at university level. Her success with mind programming has inspired her to help others to use it. She has co-authored "**Success Mindware**™" a complete self-improvement course for students, and the student friendly ebook "**251 Ways To Study Success**" with B.K. Narayan.

For more info please visit our website: http://www.mindpowerguide.biz

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POSITIVE PARENTING: Make Your Children Winners

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Positive Parenting—Secret to Raising Successful Children

Dear friend, think of all the crimes, tragedies, wars, we humans have suffered so far. Then ask why these happened? You will find that the single most important reason behind these tragedies is **"Parenting Failure."** For example...

- Children treated with heavy punishment and insult became cruel warmongers and even dreaded criminals.
- Children who did not receive enough love became selfish and insensitive to others' needs and happiness.
- Children who did not receive enough praise for their good deeds but received lot of criticism for their faults could not develop enough confidence to set and achieve meaningful goals—and were condemned to live an ordinary life filled with many problems.

You can find evidence for such things even with casual enquiry into lives of unhappy people you know.

Now think of all the good things, inventions, we humans have achieved so far. Again ask, "What is one important factor that worked behind these marvelous things?" Answer…? It is "**Positive Parenting**."

Want proof? Just have a peep into lives of friends who are happy and nice people. You will find that most of them experienced happy and positive parenting, at least by one parent, mother or father.

Don't worry, if you are facing any problem with your kids.
<u>Because it is not your fault</u>. It is a system failure.

The most important things we need to know to lead a happy and successful life are **<u>not taught</u>** in formal education!

Big Education Blunder?!

Here are some of the important tasks that should be taught in schools but are simply excluded in formal education:

- How to raise kids that behave like angels and work like geniuses
- How to learn better and fast
- How to find the best work we love and succeed in it
- How to find our life partner and live together happily, romantically till end
- How to live harmoniously with others and our environment

> "The best inheritance a parent can give to his children is a few minutes of their time each day."
> ***—M. Grundler***

We do these most important things on trial and error basis. And most of us end up with lot of errors—failures, drop-outs, suicide, drug-addicts, unhappy marriages, divorce, sibling rivalry, crime, murder and all other unwanted experiences.

Smile Please :)

Because now you can protect your children from the above sad experiences. You can make them confident human beings, better students, successful achievers and give them strength to fight against failures.

This ebook makes it easy for you to accomplish one of the most important task of your life—parenting. It offers you valuable ideas, suggestions and methods to become a **Positive and Successful Parent**.

This is not all.

This ebook also contains links to more Free, Life-Changing information, plus an introduction to a Powerful system that helps your children become Extraordinary Achievers in life. After all, it is a dream of every parent to see their children enjoying successful, happy and peaceful life.

But dreams remain dreams if we don't take right actions to make them real. Hence start taking actions to turn your dreams into reality. Begin by following these two top Positive Parenting Rules. They are master remedies for all parenting problems...

Positive Parenting Rule #1: Love Your Children Unconditionally

Love your children unconditionally, for just being your children. Not for being obedient, not for getting good grades and not for being attractive, but **for just being your children.**

Positive Parenting Rule #2: Show your love through actions

Hug your children frequently, especially if they are young. Be there when they need you. Attend their school and college functions. Give attention, look at them while they speak. Appreciate their little and big achievements. Take them to picnic, museums, or other interesting places whenever possible.

Do things together. For example, make crafts or do housework like—cleaning, tidying, gardening, etc. Encourage them to make or build some models or toys or crafts, and display them in your home. Show it off proudly to other people (especially when your children are around.)

If you follow the above two Rules, 70 percent of parenting problems will be solved even before they are created!

Now, let's discover more positive and smart tricks to transform your children into winners…

How to Build Your Children's Self-confidence

Self-confidence is the ultimate power. It gives courage to 'see off' difficult times and the strength to achieve success. Everyone needs it, including your children. Help your children develop this power. Here are 7 ways to build your children's self-confidence.

1. Praise Their Good Work and Achievements

START TODAY, find something to praise your children regularly. Like...

"My, you learn so fast."

"Your handwriting is good."

"You finished homework on time, great!"

"You are good at spelling."

"You remember so well. Your memory is good."

"You read so clearly."

> "Parents need to fill a child's bucket of self-esteem so high that the rest of the world can't poke enough holes in it to drain it dry."
> —***Alvin Price***

"You keep things so neatly."

"You cultivate good friends."

"Thanks for help."

Notice their every little and big **good** work and praise them for their efforts, even if there is no result. So when they remember spellings, praise. When they answer questions, praise. This is what we call 'positive programming.'

> "Educate your children to self-control, to the habit of holding passion and prejudice and evil tendencies to an upright and reasoning will, and you have done much to abolish misery from their future lives and crimes to society."
> ***—Daniel Webster***

Your encouraging words program your children to do more and more good things, **without shouting. And automatically!** We humans have very big appetite for praise. No indigestion, ever!

Think about it, how much you love your spouse's praise for your achievements? You may also be thirsty for it. Want more? Then praise your spouse for her or his good work, irrespective of whether it is big or small.

The more you give the more you get—in life, business and in any human transactions. And when parents love and respect each other children feel safe, better, and enthusiastic.

However, there is one thing that you should remember. When you are praising your children (or anyone else) make sure that you do it at the **right time**. The right time to praise is immediately after your children have done some good work or have behaved properly.

If you find it difficult to praise all the time, then look into your children's eyes and smile happily when they do their work right. This will convey the message.

Children who get enough love feel good about themselves, develop more self-confidence, and achieve more success in life.

But remember, don't praise without reason. Don't exaggerate too much. Otherwise your children will grow up expecting praises for things which they haven't done.

What if the good things are rare? Create situations. For example, ask your children

to help you in some work, which they can do, and then praise for their help.

2. Make them RESPONSIBLE for their actions and life

Encourage your children to do some household work depending on their age like—cleaning their room, hanging their clothes neatly, setting tables, watering plants, making their own beds, etc. If your children are older, you can ask them to help in cooking and washing dishes. **Praise** their effort, **ignore** their faults!

Even young children can be assigned the task to keep their toys back in their place.

Doing work around the house gives children a sense of responsibility, teaches the habit of finishing the work they start, and helps them to develop self-esteem.

> "Teaching a child not to step on a caterpillar is as valuable to the child as it is to the caterpillar."
> ***—Bradley Miller***

3. Teach your children to be kind and helpful

Be kind to them! Smile at them more frequently. Laugh together by making routine things funny. Encourage your children to help others whenever possible, like their classmates and friends.

Ask them to share things with their siblings. Helping others instills good human values and increases the feeling of self-worth in children.

> "Remember the two benefits of failure. First, if you do fail, you learn what doesn't work; and second, the failure gives you the opportunity to try a new approach."
> ***—Roger von Oech***

The fastest way to teach your children these qualities is to practice them yourself with other people—especially in front of your children, and also with your children.

You can use even TV serials for this purpose. When you see some character helping others in the story, immediately comment positively on that action, so that the incident gets registered strongly in your children's brain.

4. Turn Mistakes Into Opportunities for Improvement

When your children make mistakes, focus on improvement. Not on their mistakes or faults.

For example, if your children come home with poor report card, instead of shouting how dull they are, help them to analyze where they lost their marks or points. Encourage and guide them to study that subject more until their score improves.

Similarly if they don't do any work properly, focus on teaching them the correct techniques of doing that work, instead of berating how stupid they are.

5. Don't Complain to Your Neighbor

> "I've been very blessed. My parents always told me I could be anything I wanted. When you grow up in a household like that, you learn to believe in yourself."
> ***-- Rick Schroeder***

Many parents criticize or complain about their children in front of other people, that too right in presence of their children.

"She does not read at all. I have to tell her so many times."

"He is poor in math. He always scores less in it."

Can you imagine how children feel when their parents do this? It is plainly embarrassing, even humiliating. Frankly it does nothing to improve children's performance. It only lowers their confidence, apart from making them angry at you.

Hence it is a good idea to keep a check on what you say when you speak about your children with others.

If you really want to talk about your children with neighbors or other people, then talk about their good qualities. Discuss their good performance, especially when your children are present on the scene.

For example, if your son brings home poor math report but has got 'good' remark on his English essay, then talk only about English. Say, "My son is good in English. He got good remarks for his essay."

> "Motivation is like food for the brain. You cannot get enough in one sitting. It needs continual and regular top up's."
> ***—Peter J. Davies***

If your daughter does not study regularly, but has good memory, then talk about her good memory only.

Or if your daughter gets up late in the morning but keeps her room clean, then comment on her neat and tidy habit.

Your positive remark, that too in front of other people, will not only increase your children's confidence, but will also satisfy their need for approval. Bringing a happy smile on their faces.

Happy children are more inclined to listen to your instructions. And are more willing to improve on their weaknesses and behaviour.

6. Support Their Interest

Encourage and support your children's good hobbies and dreams. Like, if your son loves to paint, encourage him to paint, whenever he gets free time. If your daughter loves bird watching, get her a binocular to watch birds closely.

> "Give to a pig when it grunts and a child when it cries, and you will have a fine pig and a bad child."
> —***Danish Proverb***

This will not only help to build your children's self-confidence but will also increase their creativity. And who knows, your children might carve a successful career for themselves out of their hobbies and interest. After all, many people have done this.

7. Avoid Pampering

Avoid pampering and spoiling your children with too much love. Try not to over-protect them. Otherwise children may become emotionally weak and dependent on you. Aim to strengthen your children's self-confidence without overdoing it.

If you want to help your children develop strong self-image permanently, then click http://www.mindpowerguide.biz/freeinfo.htm to get Chapter 1 of part-1 of Success Mindware for FREE.

This chapter contains powerful information with simple training to help your children reprogram their brain positively and develop a strong "I can achieve anything attitude."

How to Help Your Children Excel In Studies

> "Education commences at the mother's knee, and every word spoken within hearsay of little children tends toward the formation of character."
> ***-- Hosea Ballou***

Children who do good in studies enjoy more advantages than others. Like—getting admission to best colleges easily and more career opportunities. Hence help your children maintain good academic record. Here are 10 ways to help your children excel in studies:

1. Give Them A Good Start

Young children are learning machines. They learn faster than adults. You can give your children, especially if they are below five years of age, a good start in education by using these simple techniques…

- Read aloud stories from books. This helps to develop reading and imagination skill in children.
- Talk a lot with your children. This helps to develop language skill.
- Put on music for young children. Teach them to sing simple songs. Research is showing that music is not only good for overall health, but it is good for brainpower too!

> "The library is the temple of learning, and learning has liberated more people than all the wars in history."
> ***—Carl Rowen***

- Explore things with them, like—toys, various objects at home, plants, flowers, etc. See, touch, turn around the objects in your hands along with your children. Ask questions and discuss the objects playfully. This helps your children to learn more about their surrounding world.
- Answer your children's questions. If you don't know the answer, then try to find it out together.

Above steps are useful in developing intelligence and learning skill in children. They work even for newborn babies.

2. Have a good library in your home

Atmosphere of reading, learning and parents' habits strongly influence children's behaviour. When parents take interest in reading, their children also develop interest in reading.

So build a library of good books in your home. Display books prominently in the

area where children see most. Why not have a beautiful showcase of books just near the TV?!

Start reading few pages if you are not doing it already, so that your children realize the value of reading.

3. Link School with Fun

> "Success is 20% skills and 80% strategy. You might know how to read, but more importantly, what's your plan to read?"
> ***- Jim Rohn***

Many children don't like to go to school. Hence, you can use some simple tricks to arouse their interest in school.

Don't just ask about what was taught in school, or what homework has been given. First ask your children, "What interesting thing happened in school today?" "What fun you had in school today?" "What you and your friend did in school today?"

This would make your children aware of enjoyable things in school.

Such questioning creates an impression in children's mind that school is not just about teachers and studies, but it is also about friends, play and fun.

Also, if your children do not like to go to school, then check whether they are having any problem at school (for e.g. bullying.) Then try your best to solve it. You can also ask the teachers to help you in such cases.

4. Let them dance to their own Rhythm

Every child may not like to get up early in the morning or do homework right after returning from school. Some like to play first. Some like to study at night, some at morning. Then there are children who want complete silence during studying, while others don't care if there is silence or not.

Let your children study at a time when **they** feel comfortable. Let them study in a style they like—what matters is that they should complete their study work on time and learn the study material properly.

5. Replace Scolding with Selling Benefits!

> "The principle goal of education is to create men who are capable of doing new things, not simply of repeating what other generations have done - men who are creative, inventive and discoverers."
> —***Jean Piaget***

Children get easily distracted by TV and games. Parents have to repeatedly remind them to sit and study.

Once a parent told us that his son did not study regularly, even when he scolded him repeatedly, "Study or you will fail."

We asked him to use another trick. We told him to remind his son to study by saying, "Study well, you will live a rich life." Soon his son scored 85% in exam, which was a big improvement over his past performance!

Scolding is not known to give good results. But we have witnessed miracle-like transformation of disinterested students into top performers, when they were made to realize that good performance in studies leads to rich life style. And poor performance leads to poor living.

No Child Wants to Live a Poor Life!

Use this secret to stimulate your children to study well, and to view less TV. Help them to realize the consequences of their present actions on their future.

Show your children living examples among your relatives or friends, who are living a better life due to better education, and poor life due to neglecting their studies.

Whenever you have to remind your children to study, do it in a positive way instead of shouting at them. For example, you can say:

- "If you finish your homework, you can face your teacher with a smile."
- "Study well, you will enjoy successful life."
- "Study more, you will realize your dreams."

This kind of tactics help to remind your children to study without spoiling their mood or hurting their feelings. It works with even teenage children.

If your children are very young, you may need to use some additional tricks to get them to study. Because young children become easily distracted.

> "Feelings of worth can flourish only in an atmosphere where individual differences are appreciated, mistakes are tolerated, communication is open, and rules are flexible--the kind of atmosphere that is found in a nurturing family."
> ***-- Virginia Satir***

Ask them to bring their textbook and say, "Together we will see what's in today's lesson," or "We will learn a new story today, let's find out what happened to Duffy." (Use name of some character in the lesson.) Try to arouse their curiosity.

As far as possible, try to gently guide your children to study with encouragement, praise, or a reminder of the importance of studying better.

Sometimes, children are not in the mood to study at all. During such time, it is better to leave them alone for sometime, unless they are behind their study schedule or have to prepare for a test.

6. Don't Do Negative Programming

- "You are so lazy, you don't do your homework."
- "You are dull, you don't remember anything."
- "Study, or I will shut you up in your room."

If you think this kind of remark will make your children reach eagerly for their books, then forget it. More probably, they will be hurt and angry. Even if they do reach for their books, they will not be reading it happily.

What's more damaging is that, if children are frequently scolded, threatened, or worse, beaten to do their studies, then they begin to associate studies with hurt, fear, anger, and pain.

That's why many children find excuses to avoid studying when they grow up.

7. Help Your Children to Use Better Study Methods To Learn Fast and Score High

Success in studies depends very much on mental attitude and use of smart study

methods. Our experience shows that even a failure or average student can improve his or her performance by using better study techniques.

When we taught **'11 Steps To Great Success In Exam,'** our main topic in workshops and classes, children reported increase in their academic performance almost instantly.

Even Teachers reported significant improvements in students' performance after we taught these 11 Steps in schools.
(For detail story, see **http://www.mindpowerguide.biz/howsm.htm**)

Hence we can say without exaggeration that:

The secret to study success is to use Effective Study Methods

Here are some of the effective study methods which will help your children improve their academic performance...

To help your children study better, ask your children to do these things:

A. Set Target

Help your children to decide EXACTLY what grade or marks they want to score in the next exam. Make sure, they set practical and realistic target. Then ask them to write it down in a notebook or diary.

B. Create Study Time-table

Help your children decide for how many hours they want to study each day and prepare their study timetable accordingly. Guide your children to create a practical study-plan which would help them divide their free time properly to accommodate these three things:

> "Ability may take you to the top, but it takes character to stay there."
> -- ***William Blake***

- Studies
- Rest
- Play

C. Study Plan

Guide your children to create a study-plan which will help them achieve their target. Ask your children to use these steps to create a Study Plan:

- **Syllabus:** Find out what syllabus or topics are going to be included in the exam.
- **Important Topics:** Find out what topics or lessons are important. Which topics carry more points or marks in exam. Your children can find this out by—(1) asking teachers, (2) by paying attention in class, especially, when teacher says "this is important." Then make sure to highlight that topic, with a pen, in the textbook or special notebook.
- **Kind of questions:** Find out what kind of questions are asked in exams—objective type, fill in the blanks, match the following, short answers, answer in detail…etc.
- **Best way to answer:** Find out what is the best way to answer the type of questions which are asked in the exam. There are four ways to find this out:

  1. ask teachers
  2. ask senior students
  3. ask smart students in class
  4. through practice

> "The object of education is to prepare the young to educate themselves throughout their lives."
> ***—Robert M. Hutchins***

D. Take Action

Now, help your children to put their plans into action. Which means, they have to do these four things:

- **Study regularly:** Encourage your children to study regularly at home, using their study timetable. This habit of studying regularly helps to avoid many problems. Even studying for 1-2 hours everyday can work wonders.
- **Revision:** Make your children revise their lessons frequently. This need not be a long revision. Your children can do quick revision by just going through important points instead of reading the whole lesson word by word. Frequent and fast revision is the best remedy to solve the "I can't remember it" problem.
- **Practice solving questions:** All exams involve writing. Your children can write answers easily and quickly in exam only if they have good practice of solving

questions and writing fast answers. Hence encourage your children to practice writing answers by solving mock questions or model questions.

- **Look after health:** A healthy body and sound mind is important to perform better in studies. Healthy, nutritious diet combined with 7-8 hours of sleep and daily exercise for 30 minutes, is a good formula to keep your children fit and alert.

Above methods are practical and easy to follow. They help your children to study properly, use their time wisely, and prepare better for exams.

If you want to learn more powerful study techniques, then you can refer Success Mindware™—the Complete Self-Development course for Students.

In this, you will find:

'**11 Steps to great success in Exams**,' techniques to learn more in classroom, **Integrated Study Method** to study using whole brain, taking notes, concentrating 100%, Memory Tools, handling difficult subjects, time management, preparing for exam, writing better answers in exams, **1100 basic words** to increase reading speed and word power, and more.

You can find out more about Success Mindware™ by following this link: **http://www.mindpowerguide.biz/index2.htm**

> "The winners in life think constantly in terms of I can, I will, and I am. Losers, on the other hand, concentrate their waking thoughts on what they should have or would have done, or what they can't do."
> ***-- Dennis Waitley***

8. Encourage Your Children To Be Curious

Answer your children's questions. If you don't know the answer, tell them, "Let's search for it together." And search for it in books at home. Or bring books from library. Or look it up on internet.

Such actions will make your children realize the value of knowledge, expose them to methods of searching for information. And also make them happy that you care enough to answer their questions.

9. Connect Learning With Day-to-Day Life

I had once gone to picnic with a group. In our group there were one couple with two young boys.

As we were traveling on the road, the father pointed out, “Look, that is the area where mining is done. You have a chapter on it in your science textbook, isn’t it?” His two boys looked out of the window excitedly and began rattling off, “Yes, we have studied it. The name of this mining area is…”

By pointing out the mines, the father had brought the topic out from the textbook into real life, thus making it more interesting for his children. Indirectly he made his children realize that what they study in books have value in real life.

Whenever possible, link what your children study with every day life. Show it to them. Find ways to use the information in daily life.

If they learn about plants, ask them to study the plants in the garden. If they learn about animals, take them to zoo. Pay visit to museums and science exhibitions. Now this may not be always possible. But do this whenever you can. Try to make learning interesting.

10. Give Them The Edge

"We spend the first twelve months of our children's lives teaching them to walk and talk and the next twelve telling them to sit down and shut up."
Phyllis (Ada) Diller

Thousands of students pass out of college every year. How can your children stand out from this mass of degree holders? How can they survive and succeed in this age of cut-throat competition?

Give them additional, **practically useful** training. Like, Training for...

- using their mind power more efficiently
- using better study techniques
- learning skills essential for career development
- sharpening creativity
- managing stress
- developing good personality, etc.

Such training helps to build positive mental attitude, winning qualities, success skills, and inner confidence. This in turn translates to—success, peace, satisfaction and good life.

How to Protect Your Children From Depression, Stress and Suicide

> "Role modeling is the most basic responsibility of parents. Parents are handing life's scripts to their children, scripts that in all likelihood will be acted out for the rest of the children's lives."
> ***-- Stephen R. Covey***

In recent years, our world has changed a lot. There is now more competition. More pressure. Children today have to study more and work harder to achieve success than what we did 20 years ago. All this inevitably creates stress and tension in children.

As parents, you can do a lot to keep your children away from the harmful effects of stress. Here are 7 methods to protect your children from stress, depression and even suicide:

1. Never Compare With Others' Performance

Do not tell your daughter, "You should get more marks than Reena." Comparing your children's performance with others can make situation worse. It creates tension and frustration in children. In fact, even comparison among siblings is not a good idea. It can harm their relations with each other.

Comparing with other children may also result in inferiority complex, jealousy and other related behavioral problems. Hence it should be avoided at all costs.

The best idea is to compare with their previous performance. Remind your children about their previous good performance. For example, "You had got A grade in English test last year. Do your best to get A grade this time too. You can do it!"

Encourage your children to set their own goals and do their best to achieve it.

2. Pay Attention To Efforts, not results

Praise your children for their study work, for their efforts, hard work, determination, persistence. Don't give too much importance to marks or grades.

Tina was quite a good student and would usually score well. But sometimes she would slip up and score less. During such time her father would give her good tongue lashing and her mother would stop speaking to her for 3-4 days.

Consequently she started suffering from stress and sometimes even falling sick, whenever exam or result time came.

Children tend to become insecure if parents give importance only to marks or grades. Such children find it hard to face setbacks and failures.

Hence the better way is to focus on your children's actions, focus on your children's efforts. Praising their efforts helps children to retain their confidence and to put more effort next time, to earn more praise.

See that your children develop good study methods, attend class regularly, do homework on time, prepare for tests properly. These good study habits will increase your children's chances of getting success, without putting undue pressure on them.

If your children still come home with poor report card tell them, "Study more next time. Correct your mistakes." Then your children will realize that if they suffer setbacks, all they have to do is work more harder. This will decrease the weight of tension and fear on their mind. Will make them feel more in control.

This better feeling leads to better thinking. Better thinking leads to better actions. Better actions bring better results. Help your children to use this success-causing-cycle more, and move forward. This way they can have full control on their progress and life.

3. Help your children realize the benefits and importance of exams

Most children don't realize the value and benefits of exams. Exams give them feedback about their performance and knowledge. Help them to qualify for higher studies. Higher studies give better educational qualifications and provide more opportunities to develop successful career and live a better life. Explain these benefits of exams to your children.

Then ask your children what kind of life they like to live? Answer will invariably be a "rich lifestyle!" Now **connect exams with rich lifestyle.** Tell them that by giving and passing exams, they can get more opportunities for getting admission into higher studies and establishing good career. Then exams will have a chance of being 'friendly-things' in your children's mind! They will stop hating exams.

4. Different exams have different importance

Exams are important. Yes. But different exams have different degree of importance. Preschool or nursery exams are not High School Board Exam. At this young age, children should not be made to spend too much time on studies.

In the same way, school exams are not college exams. Don't push your children too much towards studies or they will rebel against it. And develop hatred towards studying.

5. Let your children know the Difference Between Right And Wrong

Prohibit your children from doing things that are harmful to them and others. This will keep your children out of trouble.

Instill good values in them. These will help children to resist negative influence of other people, and bad temptations too. Be their role model. As children learn more from what their parents **do** and less from what their parents 'tell.'

6. Control Your Ambition

It is natural for you to want your children to succeed. But avoid over-ambition.

Rohan was a brilliant Student. His parents had lot of expectation from him. They had one goal—that he should come 1st merit in High School Board Exam. Rohan also studied hard. But somewhere along the line, the pressure became too much for him. He began to fear whether he would really manage to come first. One day, his family found him unconscious in his room. He had tried to commit suicide. Timely medical help saved his life.

Don't expect too much from your children. Avoid running after, "My child should come first rank every year." Encourage your children to study well, but let them set their own goals.

It is good idea to keep this fact in mind—we can only provide best guidance, best education facilities, best training to our children. But how much *they* really learn, how much advantage they really take, is up to them. It is up to the level of interest they develop towards studying.

7. Dealing With Failure

Most children fail in studies because of one or all of these:

- Lack of motivation—not knowing benefits of education
- Lack of brain-friendly learning methods
- Due to some unsolved problems—hearing, eyesight, etc.

So help your children to get rid of these problems.

Never scold or criticize when your children bring poor report card to home. First help them to come out of the stressful thinking they are already experiencing—teacher's accusing gaze, classmates' degrading comments, fear of your scolding—all these things are already playing havoc in the young minds of your children.

You can say, *"I know you're not happy with the result, but smile, you can do much better than this."* It is time to give a big hug! Always remember, at this moment your children are alone in their pain, with no supporters.

No one likes to fail. But sometimes, things go terribly wrong, no matter how much we try. This is what happened with Mary and Joe.

Mary wanted to be an Engineer, but failed to clear the Entrance exam for it. She did not get admission in any of the engineering colleges. It was a blow to her dreams. Her parents were angry and sad.

Joe was a merit student and dreamt of becoming a doctor. Everyone was sure he would be among the top rankers in the 12th Board Exam. But he suffered from a serious accident just weeks before the exam and could not even attend the exam. He lost one year.

These two students failed to fulfill their dreams.

But failure is failure, only if we stop trying. Only if we give up. Where as, if we keep moving forward, failure loses its effect.

There are thousands of ways to achieve success. If one way doesn't work, search for another way and go for it. Nobody can fail all the time. This is what the above two students did.

After few days of depression, Mary chose another career, that of law. And today she

is a successful practicing lawyer, earning wealth and fame.

After recovering from the accident, Joe gave the exam and somehow managed to pass it. He selected commerce stream for graduation and later topped the Chartered Accountant exam and got a job in good company.

Now, would you call these two individuals as failures? Of course not.

They did not give up when they failed. They searched for alternative ways, started again and succeeded. Such people are not called Failures. They are called Fighters. Winners.

Teach your children to become fighters. Let your children set specific goals for themselves. Ask them to do their best to achieve it. If they fail, encourage them to start again with an alternative plan, with a new goal.

Then setback or failure will not defeat your children.

So support and love your children **even if they fail.** As results are not in their control. Encourage them to try harder next time.

As parents, we need to remember this fact: children need more love and support when they face setbacks. This helps them to recover fast and take sweet revenge on their failure!

Be a role model to your children

Children are strongly influenced by their parents' behaviour and actions.

Our next-door neighbor is a very well mannered, polite lady. Her son has also picked up her polite manners.

One of our friends has thirst for acquiring knowledge and is interested in Self-Programming methods. He often buys books and reads them during holidays and at weekends. His older daughter, aged 10, has picked up the habit of reading books too. Though his younger son has not yet shown any interest in opening the books, but he watches curiously as his father does self-programming exercises at home. Someday he too will be hooked!

Children rarely listen to what we say, but they are great copying machines. Hence

<u>first you do what you expect your children to do.</u> Then you will see greater improvement in them.

Let your children see you reading some good books (not magazines), making some light notes on the sides of the pages, solving through the day-to-day problems of life patiently, correcting the mistakes you make, etc. Then your children will copy you.

To help your children become successful, healthy and happy, you need to maximize your skill of **positive parenting**. After all, who can want the best for your children, if not you?

How to Remove Root Cause of Failure from your Children's Life and Help Them Achieve Maximum Success

While interacting with many parents, and observing students during their education and after finishing their education, we have noted this curious fact:

> **Many children perform better in just one or two areas of life but struggle in other areas.**

For example (* names changed)—

Joe* was a brilliant student, scoring top grades in school and colleges. But now after finishing his education, he is doing an ordinary job. Why? Because he lacks 'people skill.' He is poor at interacting with people during interviews or in office. This cost him many good opportunities to get ahead in his career.

Clara* is enjoying successful career with a high paying job. Yet, she isn't much happy. Because her personal life is in shambles, due to strained relationship with her family members.

Dilip* has everything going for him with a great job and lot of wealth. But he lacks one important thing—good health.

Revan* is quite an intelligent boy with active interest in many hobbies. But he is poor in studies.

Why children succeed in one area of life but struggle in another?
The main reason is...

Lack of Right Training

This is the root cause of all struggles and failures in children's life.
Usually, parents and teachers pay more attention towards studies and career. But pay less attention to over-all development of children. This creates imbalance in children's life. They do not develop sufficient skills or knowledge to achieve success in all areas of life.

After all, life is complex. And children have to play many roles in life—the role of student, husband/wife, parent, worker/employer, citizen and so on.

Unless you give right training to your children, they will not be able to play their various roles in life properly. As a result, your children might have to struggle in one or other areas of life continuously.

But what can you do? What kind of right training should you give to your children?

Right training means to teach your children:

> **The important Life Skills and Success Skills which are essential to perform better in all areas of life.**

These skills help in over-all development of your children and help them to achieve maximum success and enjoy complete happiness in life.

But unfortunately, most of the important Life Skills and Success Skills are missing from our school and college books. As our education system pays more attention to academic skills and less towards other life enhancing skills.

Which means, it is left to parents and children to find ways to develop the important Life Skills and Success Skills on their own.

But what are these skills which your children should develop to live better life and

enjoy maximum success? Our years of observation and research indicates that children should be trained to develop these 8 main skills:

1. **Self-Managing Skills:** skills or ability to manage one's thought, develop strong confidence and self-image, recognize one's own power, strength and qualities.
2. **Mind Control Skills:** to get maximum power and performance from Brain.
3. **Smart Study Skills:** to learn better and faster, excel in exams easily.
4. **Sharp Mental Skills:** like concentration, observation skill, people skill, and reasoning skill.
5. **Career Choosing Skills:** to choose a career that suits your children best and provides adequate earning to live a better life.
6. **Personality Development Skills**: to develop attractive personality which helps to get co-operation and help from other people easily. And also to maintain good relationships with others.
7. **Creative Skills:** to think creatively, come up with new ideas and solutions. This is a most needed skill today which helps to beat competition and achieve big success in career or business.
8. **Health Skills:** to develop and maintain good mental and physical health.

Now, just imagine what your children can achieve when they develop all the above skills? They will simply become unbeatable!

Because the above skills help to bring total self-improvement in your children.

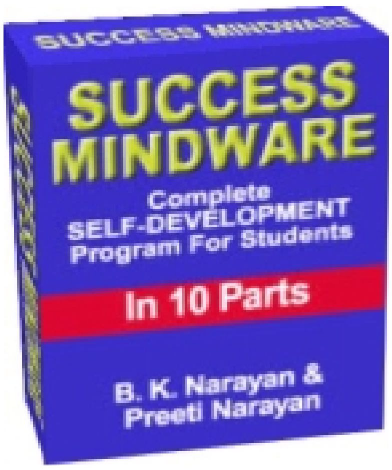
They transform your children into confident and well-behaved human beings. Help them develop strength to beat tough competition or failure. Give them the POWER to achieve big success easily and live a better life!

So pay attention to above important skills. And help your children develop them one by one.

If you want help or guidance in this task, you can use our Complete

Self-Development program for students called **Success Mindware**™.

Yes. When we realized the problem faced by children, we decided to create a solution for it.



Using our years of research, experience and experimentation, we designed a training program to bring **Total** self-improvement in children. And called it as **SUCCESS MINDWARE™.**

Success Mindware™ is designed as a Set of following 10 Parts to provide **'all help in one place'** to transform your children into successful and happy persons, irrespective of their present performance:

Part-1: Brainpower Secrets & Self-Motivation Tools To Make Success Automatic

Part-2: How To Program Yourself To Succeed At Anything

Part-3: How To Choose Most Suitable Career

Part-4: How To Develop Mental Sharpness-See and Think What Others Can't

Part-5: How To Learn Anything Fast, By Using Brain-Friendly Study Methods

Part-6: How To Have A Magnetic Personality In 21 Days

Part-7: How To Become Creative To Stay Ahead In Career And Life

Part-8: How To Program Yourself To Be Healthy, Safe And Lucky

Part-9: Guide For Parents And Teachers To Make Ordinary Child Extraordinary Person

Part-10: Action Plan & WORKBOOK to Assure Your Success, By Using Success Mindware™

Each of the above Parts contain practical information and easy but powerful

exercises to help your children develop all important Success Skills and Life Skills.

We have also included a **'Parent Guide'** as one of the Parts of Success Mindware™ This Guide shows you how to help your children use Success Mindware™ and how to solve your children's problems easily.

You can look at the **Full contents** of Success Mindware™ in detail, by freely downloading the '**Table of Contents**' of Success Mindware™ available at: http://www.mindpowerguide.biz

You also get **7 Free, unique Bonuses** with Success Mindware™ including:

- **Life-time free upgrades** to Success Mindware™ (in pdf form only.) We keep adding new lessons to Success Mindware™, based on latest research on Brain and Success strategies. Whenever we add new lessons, we will notify you through email and you can download the new lessons freely**.**

- **Free email consultation** for problem or any help regarding self-development of your children or yourself for one year.

You can learn more about Success Mindware™ and the 7 Free Bonuses by following this link http://www.mindpowerguide.biz

Have Loads Of Patience

Parenting is the most rewarding and fulfilling role we ever play in our life. But at times, it can also be very frustrating, irritating and exhausting! Because children have their own minds and moods. Their own likes and dislikes.

To make them do what you want, to make them listen to your good suggestions and advice, you need to use lot of tricks and praises. Plus loads of patience :)

All this is not easy. But **Your Love for your children will give you the power to see through the end. And make anything possible**.

Best of luck.
Expect Success For Your Children, ALWAYS!

B. K. Narayan &
Preeti Narayan
Authors of *Success Mindware*™ and
251 Ways To Study Success

P.S.
You can also join **Success Mindware™ Free Training** called: **"7 Lessons to Jump Start Your Success"** at http://www.mindpowerguide.biz/signup.htm

In this free training, you will receive these 7 powerful Lessons packed with practical information and exercises:

Lesson 1: The Ultimate Secret To Success

Lesson 2: How To Use Your Brainpower to Improve Yourself and Attract Good Things In Life

Lesson 3: How Brilliant Students Design Their Own Report Card—Legally

Lesson 4: Five Great Ways to Start Your Studies—Anytime, Anywhere.

Lesson 5: Improve Your Memory With Five Simple Tricks

Lesson 6: How To Maintain Good Relationship With People

Lesson 7: How To Get Prepared For Your Career, Even Before You Leave School or College.

Note: Both children and parents can join this training. Parents can use the techniques explained in this training to guide their children easily towards more success.

This free training will teach you and your children more than other 'paid courses' out there in the market! In fact, those who have taken this free training have informed us that it is valuable enough to be sold at $20 to $37.

In fact, we have given away too much in this free training and we are thinking of watering it down. :)

Join this absolutely FREE training while it is still available! Here’s the link to signup: http://www.mindpowerguide.biz/signup.htm

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